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**BNS-042**

**CERTIFICATE IN COMMUNITY HEALTH FOR  
NURSES (BPCCHN)**

**Term-End Examination**

**December, 2017**

**00320**

**BNS-042 : PRIMARY HEALTH CARE IN COMMON  
CONDITIONS**

*Time : 3 hours*

*Maximum Marks : 70*

**Note :** Attempt *all* questions. Attempt *all* parts of a question at one place.

1. Sohan Lal attended your health centre with the complaint of discomfort in the chest. You suspected it to be a case of heart attack. In the light of this, answer the following :  $1+5+3+6=15$ 
  - (a) Define Heart Attack.
  - (b) Explain the warning signs and symptoms of a heart attack that you will assess in Sohan Lal.
  - (c) Discuss the immediate management of a patient with heart attack at first level contact with you.
  - (d) Describe your role as a health worker in prevention and management of heart disease.

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2. Seema Devi, a primigravida, has been admitted with the complaint of frequent contractions and is diagnosed to be in true labour. In the light of this, answer the following: 4+3+4+4=15

- (a) Explain the stages of labour.
- (b) Differentiate between true labour pains and false labour pains.
- (c) Explain the steps you will follow to plot a partograph.
- (d) Describe management of Seema Devi during the first stage of labour.

3. Rama Devi, delivered a normal baby at 37 weeks of gestation. In the light of this, answer the following:

- (a) Explain the immediate care of the newborn baby at birth.
- (b) List the danger signs that you would assess in a newborn. 7+3=10

4. (a) List the common congenital malformations/ birth defects.

- (b) Explain in detail about any one of the malformations. 4+6=10

5. Write short notes on any **four** of the following: 4×5=20

- (a) First Aid Management of Burns
- (b) Constituents of Oral Rehydration Solution (ORS)
- (c) Lactational Amenorrhoea Method
- (d) Family Planning Counselling
- (e) First Aid Management in Drowning
- (f) Prevention of Cancer